

### NCSC Exercise in a Box, ACT E-learning

#### National Cyber Security Centre—Exercise in a Box

Exercise in a Box is an online tool from the NCSC which helps organisations test and practise their response to a cyber attack. It is completely free and you don't have to be an expert to use it.

The service provides exercises, based around the main cyber threats, which your organisation can do in your own time, in a safe environment, as many times as you want. It includes everything you need for setting up, planning, delivery, and post-exercise activity, all in one place.

This iteration of Exercise in a Box has been piloted with small and medium enterprises, local government and the emergency services, but other private and public sector communities could benefit from using it, depending on their needs. To find out more and to sign up visit <https://www.ncsc.gov.uk/information/exercise-in-a-box>.



#### ACT E-Learning

Terror survivors have called for businesses and religious organisations to complete counter terrorism training to help protect the UK from future attacks.

Natalie Tait and Joannette Fourie, both of London, have shared their own accounts of being caught up in the London Bridge and Parsons Green attacks, in the hope they can encourage more people to sign up to Counter Terrorism Policing's online training package on the first anniversary of its release. The ground-breaking training has since been adopted by more than 3400 businesses nationwide, delivering the potentially life-saving information to nearly a quarter of a million people.



The training is free of charge to all qualifying organisations and consists of six primary modules designed to teach staff about the threat to the public from terrorism and how to mitigate it, such as spotting the signs of suspicious behaviour or how to react during a firearms or weapons attack.

To find out more and to sign up visit <https://www.gov.uk/government/news/terror-survivors-call-for-businesses-and-religious-organisations-to-help-protect-uk-against-attacks>

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